Match Day Run Sheet Template

WORLD RUGBY
TRAINING AND EDUCATION

MATCH:	vs.	
DATE:	KICK-OFF:	
VENUE:		

Actual time	Timing (minutes)	Activity	Location			
	Kick-off -120	Gates open to the public				
	-90 to -60	 Teams arrive and are escorted to changing room Team Manager signs off final team sheet with MPO Teams can start to warm-up upon arrival 	Dressing room area			
	-50 to -40	Team clothing / equipment check with Match Officials Match Officials instruction	Dressing rooms			
	-40	 Coin toss in tunnel with referee and two captains. Winning captain must nominate his chosen option: Kick-off / choice of end (if applicable) 	In tunnel			
	-10	Both teams to return to dressing rooms				
	-9 to -7	Lipstick camera turned on for a maximum of 10 seconds	Dressing rooms			
	-8	• 1 minute call to each team	Dressing rooms			
	-7	Teams leave the dressing rooms and line up in the tunnel as directed by Match Commissioner Single file – captain first				
	-6	Teams take to the field Teams line up for anthems				
	-5	• Anthem Team A*	On pitch			
	-3:30	Anthem Team B	On pitch			
	-2	Ceremonial cultural rituals (e.g. Haka, if appropriate)				
	-1	Final preparations	On pitch			
		Kick-off 1st half				
	Half-time (10 minutes)	 Half-time is 10 minutes whistle to whistle Teams are called with 2 minutes to kick-off				
	Confirm if lipstick	camera will be turned on				
		Kick-off 2nd half				
	After final whstle	Flash interviews on the field or close to the dressing rooms				
	+5	Player / coach interviews – losing team	Dressing room area			
	+10	Player / coach interviews – winning team	Dressing room area			
	+15	Citing Commissioner liaises with the Team Managers to check if they want to report any incident	Dressing room area			
	+60	Teams receive match DVD	Dressing room area			

^{*} Except for matches involving the host team where the host team anthem is always played second